

		BE VIBRANT. BE YOU.			Solstice Senior Living at Rio Norte	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SOLSTICE SENIOR LIVING AT RIO NORTE	1941 Saul Kleinfield Drive El Paso, TX 79936 915-856-6655	8:30 Breakfast 10:00 Chair Exercise 11:00 Loteria [DR] 12:30 Lunch Check In 2:00 Bocce Ball [AT] 3:00 Jenga [AR] 4:00 Snack Social [AT] 5:00 Dinner	8:30 Breakfast 10:00 Chair Exercise [AT] 11:00 Bowling [AT] 12:30 Lunch Check In 2:00 Bocce Ball [AT] 3:00 Darts 4:00 Power Hour 5:00 Dinner	8:30	Support Our Troops: Wear Red/ Share a Memory 8:30 M Breakfast 10:00 Chair Exercise [AT] 11:00 Bingo 12:30 Lunch Check In 2:30 We are Connected Project [AR] 3:30 Eat an extra dessert Day 4:00 Fabulous Friday Party [AT] 5:00 Dinner	8:30 Breakfast 10:00 Chair Exercise [AR] 10:30 Movie Date [TVR] 12:30 Lunch Check In 2:00 Movie Date [TVR] 3:00 Money Bingo [AR] 4:00 Power Hour [AT] 5:00 Dinner
8:30	Labor Day 8:30	8:30 Breakfast 10:00 Chair Exercise 11:00 Loteria [DR] 12:30 Lunch Check In 2:00 Bocce Ball [AT] 3:00 Jenga [AR] 4:00 Power Hour [AR] 5:00 Dinner	8:30 Breakfast 10:00 Chair Exercise [AT] 11:00 Bowling [AT] 12:30 Lunch Check In 2:00 Bocce Ball [AT] 3:00 Flip Cup [AR] 4:00 Power Hour [AR] 5:00 Dinner	8:30	Support Our Troops: Wear Red/ Share a Memory 8:30 Breakfast 10:00 Chair Exercise [AT] 11:00 Bingo 12:30 Lunch Check In 3:00 Popcorn Event [AT] 4:00 Fabulous Friday 5:00 Dinner	8:30
8:30	8:30	8:30 Breakfast 10:00 Chair Exercise 11:00 Loteria [DR] 12:30 Lunch Check In 2:00 Bocce Ball [AT] 3:00 Jenga [AR] 4:00 Felt Hat Day [AR] 5:00 Dinner	8:30	8:30	Support Our Troops: Wear Red/ Share a Memory 8:30	8:30
8:30	8:30 Breakfast 21 10:00 Chair Exercise [AT] 11:00 Tea Party 12:30 Lunch Check In 2:00 Ring Toss [AT] 3:00 Beaded Keychain Project 4:00 Power Hour [AT] 5:00 Dinner	8:30 H Breakfast 10:00 Chair Exercise 11:00 Loteria [DR] 12:30 Lunch Check In 2:00 Bocce Ball [AT] 3:00 Clay Pot Candy Dish Project [AR] 4:00 Power Hour [AT] 5:00 Dinner	8:30 Breakfast	8:30 Breakfast 24 10:00 Chair Exercise [AT] 10:30 VLD meeting w/ residents [AR] 11:00 Bowling [AT] 12:30 Lunch Check In 2:00 Bocce Ball [AT] 3:00 Paper Loop Sunflower Craft [AR] 5:00 Dinner	Support Our Troops: Wear Red/ Share a Memory 8:30 Breakfast 10:00 Chair Exercise [AT] 11:00 Bingo 12:30 Lunch Check In 3:00 Wine Fest [AT] 4:00 Fabulous Friday Party [AT] 5:00 Dinner	8:30
8:30	8:30 Breakfast 10:00 Chair Exercise [AT] 11:00 Fall Windsock Craft [AR] 12:30 Lunch Check In 2:00 Ring Toss [AR] 3:00 Darts [AR] 4:00 Power Hour 5:00 Dinner	8:30 Breakfast 10:00 Chair Exercise 11:00 Loteria [DR] 12:30 Lunch Check In 2:00 Bocce Ball [AT] 3:00 Jenga [AR] 4:00 Power Hour [AT] 5:00 Dinner	8:30	Location Keys Activity Room AR Atrium AT Dining Room DR Library LB TV Room TVR	 Be Challenged Be Connected ★ Be Inspired ★ Be Social ★ Be Well ★ Meals 	